



# How Your DMS Plan Works

## Save with the low-cost alternative to traditional insurance

DMS is an affordable dental plan that provides comprehensive benefits through its network of select providers. With DMS, you will choose a primary dental provider and you, along with anyone on your plan, will visit that provider for your oral health care. Your provider will coordinate referrals to network specialists. There are no out-of-network benefits except for dental emergencies.

Advantages of DMS Dental Plans					
Savings	Low monthly rates when compared to traditional dental insurance				
No Deductibles	You get the full benefit of your DMS coverage immediately				
No Annual Maximum	o Annual Maximum DMS covers the services you need, when you need them				
No Restrictions	No waiting periods on services started after the effective date				
No Claim Forms	Your selected dentist provides all primary dental services. There are no claim forms to complete				

## You get several advantages with a DMS dental plan

## Does DMS cover specialty services?

Yes. Your dental care provider may refer you to a specialty provider within the DMS network. Pedodontists are not covered on this plan.

#### May I change my dental provider?

Yes, simply contact our customer service team at Altus Dental and we'll help you find a new dentist from the DMS network. Changes will take place on the first of the following month.

#### Will I receive an ID card?

Yes, your card will contain your participant and group numbers.

Even if you forget your card, someone in your dental provider's office will be able to look up your DMS membership information.

#### Who do I call for assistance?

Please call the Customer Service team at Altus Dental, Monday through Friday from 8 am to 5 pm at 1-877-223-0588.

See Benefits Summary for more details.





# City of Chelsea Benefits Summary: DMS 126 Plan

Details
Copay
\$10 per office visit
Annual Maximum
None
Deductible
None
Dependent Coverage
For family plans, dependent children are covered under these benefits up until the end of the month that they turn 26.

Monthly Rates					
Employee:	\$24.10				
Employee + One:	\$45.40				
Family:	\$65.60				

Service	Benefit		
Preventive Services	100%		
<ul> <li>Oral Exams</li> <li>Cleanings</li> <li>Fluoride treatment</li> <li>Bitewing x-rays</li> <li>Complete x-ray series or panoramic film</li> <li>Single x-rays</li> <li>Sealants</li> </ul>			
Basic Restorative Services	50-100%		
<ul> <li>Amalgam (silver) fillings (100%)</li> <li>Composite (white) fillings - anterior teeth (100%)</li> <li>Composite (white) fillings - posterior teeth (50%)</li> </ul>			
Major Restorative Services	50%		
<ul> <li>Root planing and scaling</li> <li>Soft tissue grafts</li> <li>Crown lengthening</li> <li>Periodontal Maintenance</li> <li>Root canal therapy</li> <li>Extractions and other routine oral surgery</li> <li>Crowns over natural teeth, build ups, posts and cores</li> <li>Bridges</li> <li>Partial and complete dentures</li> <li>Space maintainers</li> </ul>			
Orthodontics	Discounted		
Braces and related services, standard 24-month treatment	t		

All members/dependents must use chosen network location, and contact customer service to change network location (appointments with any other office will not be covered). Changes are effective as of the first of the month.

This is a brief overview- see plan description for limitations and exclusions. Contact customer service at 877-223-0588 if you have any questions.

See reverse side for more information.

#### LIMITATIONS AND EXCLUSIONS OF BENEFITS

#### **LIMITATIONS**

In all cases where the patient selects a more expensive plan of treatment than is customarily provided, the more expensive treatment is considered optional.

- 1. Cleanings limited to two treatments in any 12 consecutive months.
- 2. Full upper and/or lower dentures are not to exceed one each in any five-year period. Replacement will be provided by DMS for an existing denture only if it is unsatisfactory and cannot be made satisfactory.
- 3. Partial dentures are not to be replaced within any five-year period unless necessary due to natural tooth lose where the addition or replacement of teeth to the existing partial is not feasible
- 4. Denture relines limited to one during any 12 consecutive months.
- 5. Periodontal treatments (root planing/subgingival curetage) are limited to five quadrants during any 12 consecutive months;
- 6. Bitewing x-rays are limited to not more than one series of four full films in any twelve-month period;
- 7. Complete full mouth x-rays limited to one set every 36 consecutive
- 8. Sealants are limited to noncarious, nonrestored permanent first and second molars only to age 14;
- 9. Reimbursement shall not be made for the cost of services secured from any other health care provider other than the member's provider, unless authorized in writing by DMS.

#### **EXCLUSIONS**

- 1. General anesthesia and the services of a special anesthesiologist:
- 2. Cosmetic dental care;
- 3. Dental conditions arising out of and due to enrollee's employment or for which Worker's Compensation is payable. Services which are provided to the enrollee by State government or agency thereof, or are provided with out cost to the enrollee by any municipality, county or other subdivision;
- 4. Treatment required by reason of war.
- 5. Dental services performed in a hospital and related hospital fees;
- 6. Treatment of fractures and dislocations;
- 7. Loss or theft of fixed and removable prosthetics (crowns, bridges, full or partial dentures);
- 8. Dental expenses incurred in connection with any dental procedures started after termination of eligibility of coverage;
- 9. Any service that is not specifically listed as a covered expense;
- 10. Dental expenses incurred in connection with any dental procedure started prior to enrollee's eligibility with the DMS program. Example: teeth prepared for crowns, root canals in progress, orthodontic treatment:
- 11. Congenital malformations;
- 12. Cysts and malignancies;
- 13. Dispensing of drugs not normally supplied in a dental office;
- 14. Cases, which in the professional judgement of the attending dentist, a satisfactory result cannot be obtained or where the prognosis is poor or guarded;
- 15. Dental services received from any dental office other than the assigned dental office, unless expressly authorized in writing by DMS or as cited under "Out of Area Emergency Treatment";
- 16. Prophylactic removal of impactions (asymptomatic nonpathological);
- 17. "Specialist consultations" for noncovered benefits;
- 18. Implant placement or removal, appliances placed on or services associated with implants;
- 19. Extensive treatment plans involving 10 or more crowns or units of fixed bridgework are considered full mouth reconstruction and are not benefits of the DMS program.
- 20. Use of a Pedodontist (Pediatric Specialist)

#### **ORTHODONTIC LIMITATIONS**

- 1. Orthodontic treatment must be provided by a DMS Orthodontist.
- Plan benefits cover 24 months of usual and customary orthodontic treatment.
- Should an Enrollee's coverage be cancelled or terminated for any reason, and at the time of cancellation or termination be receiving orthodontic treatment, the Enrollee and not DMS will be responsible for the payment of the balance due for treatment provided after cancellation or termination. In such a case the Enrollee's balance of payments shall be determined by dividing the UCR fee in effect at the time treatment was initiated by the total number of months of active treatment and prorated for the number of months remaining to completion of the treatment. Such amount will be payable by the Enrollee on such terms and conditions as are arranged between the Enrollee and the Orthodontist. In no instance shall the total case fee exceed the normal UCR in effect at the time treatment was initiated.
- Start-up fees cover the initial examination, diagnosis, consultation and the retention phase of treatment up to two years maximum. This includes initial construction, placement and adjustments to retainers and office visits for a maximum period of two years.
- 5. If treatment is not required or the Enrollee chooses not to start treatment after diagnosis and consultation has been completed by the orthodontist, the Enrollee will be charged a consultation fee of \$25 in addition to diagnostic record fees.

## ORTHODONTIC EXCLUSIONS

- Pre, mid and post treatment records which include cephalometric x-rays, tracings, photographs and study of models;
- 2. Lost, stolen or broken orthodontic appliances;
- 3. Retreatment of orthodontic cases:
- 4. Surgical procedures incidental to orthodontic treatment;
- 5. Myofunctional therapy;
- 6. Surgical procedures related to cleft palate, micrognathia, or macrognathia;
- Treatment related to temporomandibular joint (TMJ) disturbances and/or hormonal imbalances;
- Malocclusions which are so severe so that they are not amenable to ideal orthodontic therapy;
- Treatment that extends 24 months beyond the point of banding dentition will be subject to an office visit charge;
- 10. Restorative work caused by orthodontic treatment;
- 11. Extractions solely for the purpose of orthodontics;
- 12. Treatment in progress at inception of eligibility.







# **DMS Provider Network**

Effective as of: 7/1/2022

Location	DMS Network Provider	Location	DMS Network Provider
Attleboro	Alpha Dental Center Attleboro	Burlington	Gentle Dental Burlington
	140 Park Street, Suite 3		184 Cambridge Street
	Attleboro, MA 02703		Burlington, MA 01803
	508-222-2990		781-221-0072
Arlington	Gentle Dental Arlington	Cambridge	Gentle Dental Cambridge
	725 Massachusetts Avenue		19 White Street
	Arlington, MA 02476		Porter Sq. Shopping Ctr
	781-643-0010		Cambridge, MA 02140 617-354-3300
Belmont	Gentle Dental Belmont		
	250 Trapelo Road	Chelmsford	Gentle Dental Chelmsford
	Belmont, MA 02478		22 Alpine Lane
	617-489-1900		Chelmsford, MA 01824
			978-256-7581
Boston	Newbury Dental Associates		
	274 Newbury Street	Chelsea	Affordable Family Dental
	Boston, MA 02116		59 Washington Ave
	617-262-0106		Chelsea, MA 02150
			617-889-2668
Braintree	Gentle Dental Braintree		
	102-103 Pearl Street	Dorchester	Michael J. Masse DDS
	Braintree, MA 02184		212 Ashmont Street
	781-356-3030		Dorchester, MA 02124
			617-436-0303
Brighton	Gentle Dental Brighton		
	320 Washington Street	Fall River	Alpha Dental Center Fall River
	Brighton, MA 02135		230 Rhode Island Avenue
	617-562-1100		Fall River, MA 02724
			508-646-9600
	Chestnut Hill Dental Associates		
	2001 Beacon Street, Suite 300	Franklin	Alpha Dental Center Franklin
	Brighton, MA 02135		260 E Central Street, Unit 2A
	617-566-0308		Franklin, MA 02038
D	TI 1 0 1 1 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2		508-528-0200
Brookline	Theodore Swerdlick DMD		_ ,, _ , , , , , _ , ,
	389 Harvard Street	Jamaica Plain	Gentle Dental Jamaica Plain
	Brookline, MA 02446		612 Center Street
	617-738-1200		Jamaica Plain, MA 02130 617-524-4400
Brockton	John T. Carabatsos DMD		017-024-4400
DIOCKIOII	478 Torrey Street	Malden	Gantla Dantal Maldan
	Brockton, MA 02301	iviaiden	Gentle Dental Malden 225 Centre Street
	508-586-0428		Malden, MA 02148
	300-300-0420		781-324-3200
			101-324-3200



Location	DMS Network Provider	Location	DMS Network Provider
Mansfield	Dynamic Dental 292 Chauncy Street, Suite 150 Mansfield, MA 02048 508-261-9261	South Easton	Saul R. Payne DMD 855 Washington Street South Easton, MA 02375 508-238-1515
Medford	Renato A. Carpinito DMD 38 High Street Medford, MA 02155-3820 781-393-9000	Stoughton	Gentle Dental Stoughton 341 Washington Street Stoughton, MA 02072 781-341-3700
Methuen	Gentle Dental Methuen 40 Jackson Street Methuen, MA 01844 978-682-0020	Sudbury	Sudbury Dental Arts 144 North Road, Suite 2125 Sudbury, MA 01776 978-218-2580
Natick	Gentle Dental Natick 1322 Worcester Rd Natick, MA 01760 508-655-2900	Wakefield	Gental Dental Wakefield 409 Main Street Wakefield, MA 01880 781-224-0021
North Dartmouth	Alpha Dental Center North Dartmouth 145 C Faunce Corner Rd North Dartmouth, MA 02747 508-993-5900		F. A. Carmichael Dentistry, Inc 607 North Ave Suite 16-1 Wakefield, MA 01880 781-324-5210
Norwood	Advanced Dental Centers Norwood 125 Central Street Norwood, MA 02062 781-385-5603	Waltham	Gentle Dental Waltham 879 Main Street Waltham, MA 02154 781-899-3700
Peabody	Gentle Dental Peabody 1 Main Street Peabody, MA 01960 978-532-2700	Weymouth	Weymouth Family Dental 1125 Washington Street Weymouth, MA 02189 781-337-0973
Pittsfield	J. Steven Cella DDS 197 South Street Pittsfield, MA 01201 413-443-6780		Advanced Dental Center of Weymouth 544 Main Street Weymouth, MA 02190-1815 781-331-1181
Raynham	Stephen M. Saracino DMD 1244 Broadway Raynham, MA 02767 508-880-4910	West Roxbury	Gentle Dental West Roxbury 1852 Centre Street West Roxbury, MA 02132 617-325-3700





# ENROLLMENT FORM

Altus Dental Insurance Company, Inc. PO Box 1557 Providence, RI 02901-1557 877-223-0588

	GROUP INFORMATION To be	N To be completed by Human Resources or Benefit Administrator.					
	Employer / Group Name	Group No.	Effective Date:				
Dental Division No.		Location No. (if applicable)	Date of Hire	Payroll Deduction Date:			

I. SUBSCRIBER INFORMATION								
Subscriber Name (First, Middle Initial, Last)			Date of Bi	Date of Birth (MM/DD/YYYY)  Social Security / I.D. #				
Street Address / P.O. Box No. Apt. No.			City			State	Zip	
Preferred Mobile Numbe	r			Preferred Email				
II. ENROLLMENT INFO	PRMATION							
Check one ☐ Emp	I am applying for DMS Dental coverage  Check one □ Employee □ Employee + One □ Family  * REQUIRED: In order to complete your enrollment for DMS Dental plan, you must choose a dentist in the DMS Network.  All dependents are assigned to the same dental location.							
Enter DMS Netwo	ork Dentist Name	e:			Location:			
QUALIFYING EVENT	☐ Open Enrollment☐ New Hire/Re-hire	□ Marriage □ Divorce		☐ Birth or Adoption ☐ Return from Leave of Absence ☐ Full-Time/Part-T Status ☐ Death of a Mem				
ACTION CODE Check one	ADDITIONS  ☐ New Subscriber ☐ Add Dependent to ☐ Reinstatement	TERMINATION  ☐ Remove Subs Family ☐ Remove Depering List name in S	endent	☐ Transfe	HANGE Address Change from Division # to # Type of Coverage			COBRA  Reinstatement of Subscriber  Addition of Dependent Prior ID #
III. DEPENDENT INFO	RMATION							
First Name		Last Name (if	different)		Date of Birth (MM/DD/YYYY)		Rela	ationship
certify that all information is correct to the best of my knowledge. I understand that the effective date and termination date of my membership will be determined by my employer or plan sponsor n accordance with underwriting guidelines. If my employer requires employee contributions for this coverage, I authorize the deductions of these amounts from my wages periodically.  Employee Signature  Date  Benefits Administrator Authorization  Date								
. , .	d return to your b	resources or benefits adr	miniatrata :			•		

If you have questions, please contact Altus Customer Service 877-223-0588. Representatives are available Monday - Friday from 8:00 am - 5:00 pm.

The purpose of this form is to confirm the level of benefits, rates, billing and broker of record information for the group specified.

Acceptance of the information outlined is subject to Altus Dental Underwriting approval.